Updated COVID-19 Exposure Evaluation Process

Symptoms: Fever | Cough | Shortness of Breath or Difficulty Breathing | Chills | Repeated Shaking with Chills | Muscle Pain | Headache | Sore Throat | New Loss of Taste or Smell

START HERE

Were you informed you may have had contact with someone who tested positive or was diagnosed with COVID-19?

If you are VACCINATED continue to self-monitor. Seek testing. If asymptomatic, you do not need to quarantine and may continue to work.

If you are NON-VACCINATED or PARTIALLY-VACCINATED - Self-quarantine and do not return to work for 14 days. Should seek testing. Must be asymptomatic for at least 10 days prior to return to work.

Test for COVID

An initial Negative Test for NON-VACCINATED or PARTIALLY-VACCINATED still requires at least a 5-day quarantine before returning to work. Symptoms often appear during the 5-day quarantine.

POSITIVE RESULTS

Remain in home SELF-QUARANTINE for a minimum of 5 days and until the following conditions are met:
• IF SYMPTOMATIC: At least 10 days have passed since symptoms first appeared
• IF ASYMPTOMATIC: At least 5 days have passed since positive test
• Negative test prior to returning to work recommended

Maximize protection from the variants and prevent possibly spreading it to others, wear a mask indoors and in public if you are in an area of substantial or high transmission. You will still need to follow guidance at your workplace and local businesses. If you travel, you should still take steps to protect yourself and others.

Updated: January 11, 2022 - Information from https://cdc.gov/